

We have gotten a lot of great response from our retreat this week. One question that continually comes up is “what can I DO?” That is a hard question to answer because it is so ingrained in our society and we sometimes feel helpless and don’t want to make a mistake. We have gathered a list of resources that stem from books to podcasts to groups that will help you become an active member of the fight against racism. There are so many out there, these are just a few:

Catholic Documents:

- [Gaudium et Spes](#) (“The Church in the Modern World”), Vatican II, 1965
- [Brothers and Sisters to Us](#), U.S. Catholic Bishops, 1979.
- [What We Have Seen and Heard](#), from the Black Bishops of the United States, 1984,
- [The Church and Racism: Towards a More Fraternal Society](#), Pontifical Commission on Justice and Peace, 1988
- [Sollicitudo rei Socialis](#)(On Social Concern), St. John Paul II

Books:

- [White Fragility: Why It's So Hard for White People to Talk About Racism](#) By Robin DiAngelo
- [Why Are All the Black Kids Sitting Together in the Cafeteria?](#) By Beverly Daniel Tatum
- [Me And White Supremecy: Combat Racism, Change the World, and Become a Good Ancestor](#) By Layla Saad

For Kids:

- [20 Children's books to support conversations on race, racism and resistance](#)
- [How White Parents Can Talk To Their Kids About Race | NPR](#)

Podcasts:

- [1619](#): An audio series on how slavery has transformed America, connecting past and present through the oldest form of storytelling.
- [Code Switch](#): Exploring how race impacts every part of society — from politics and pop culture to history, sports and everything in between. This podcast makes ALL OF US part of the conversation — because we're all part of the story.
- [Momentum: A Race Forward Podcast](#): Build on your racial justice lens and get inspired to drive action by learning from organizational leaders and community activists.

Other resources:

- [TED Talk: "How Studying Privilege Systems Can Strengthen Compassion"](#)
- [Justfaith Catholic](#): a program to help people talk and engage with racial and economic inequalities
- [Raceforward](#): a movement building for racial justice with research, media, and practice.
- [Guidetoallyship](#): An open source starter guide to help you become a more thoughtful and effective ally.
- [YWCA Northwest](#) of Ohio list of resources